



Plant Medicine Retreat
in Montezuma, Costa Rica

Are you at a point in your life where you know something needs to change?

Our ceremonies and retreats will help you recognize your true greatness, experience yourself and reconnect with your inner divine power. Our aim is to release your old thought patterns, fears, depression and traumas with the help of herbal medicine and traditional ceremonies.

We are offering you a special 8 day retreat where you will find rest, recovery and peace.

With us you will experience the essential elements of life and you will find out just who you are. You will be in the heart of Montezuma, where you will be surrounded by nature and the heartbeat of the jungle. This unique town is in one of the world's Blue Zones, overlooking pristine jungles and gifting you serenity.

During the Plant Medicine Ceremonies we will work with traditional shamanic practices, where we will activate perception to transform and heal. If you want to participate, we welcome you into a challenging space, in freedom and respect to stimulate authenticity and start evolving and healing. With us you do not only experience the set-up session leading to the ceremony, but we also will help you integrate your findings post-ceremony. We will be by your side every step of the way with love, patience and support.

When?

November 2, 2024 - November 9, 2024

Price per Person?

Shared room, 2 people per room = \$3500

Shared premium room, 2 people per room = \$3800

Private room= \$4500

OPEN TO MEN, WOMEN AND COUPLES

We have limited space for only 6 participants so that we are able to provide you with the best possible experience where everyone feels safe, comfortable and personally attended to.

How to book or do you have questions?

		WhatsApp numbers-
Vivien	Spanish	(+506 8777 9284)
Janet	English	(+1 305 289 8999)
Raymond	Dutch	(+31 6 3045 6814)
Daniela	German	(+31 6 2868 5618)

Agenda

Saturday November 2nd

- 3:00pm Arrival to EncanTica, Refreshing Drink, Make yourself at home
- 6:00pm Meet your new friends at the welcome Dinner
- 9:00pm Quiet time. It is important to rest and listen to the sounds of nature

Sunday November 3rd

- 7:30am** Coffee and Breakfast
- 9:00am Opening sharing circle to get to know each other
- 10:00am One on one set up session with your personal counselor
- 1:00pm Lunch
- 2:00pm Finish set ups and free time to rest, relax, swim, read, journal, take a walk, visit the quaint town of Montezuma
- 6:00pm Dinner
- 7:30pm Heart opening Cacao Ceremony
- 9:00pm Quiet time, sweet dreams

Monday November 4th

- 7:30am** Coffee and Breakfast
- 9:00am Free time to relax and set your intentions for your journey
- 12:00pm Light Lunch
- 1:00pm Our Shaman will individually calibrate each participant's medicine
- 2:00pm Ceremony starts
Let the healing begin
- 7:00pm Fruit and sharing your experience
- 9:00pm Quite time, sweet dreams

Tuesday November 5th

- 7:30am Coffee and Breakfast
- 9:00am Tune-In to yourself
We call this Recalibration and Integration

12:00pm	Lunch
1:00pm	Optional included guided horseback ride For those that do not wish to go it is important to be in nature Animals and nature are natural healers
6:00pm	Dinner
9:00pm	Quiet time, sweet dreams

Wednesday November 6th

7:30am	Coffee and Breakfast
9:00am	Free time in paradise
1:00pm	Lunch
2:00pm	Prepare yourself for another amazing journey Sit with yourself, your thoughts and your feelings
6:00pm	Light Dinner
7:00pm	Individual calibration of the plant medicine
8:00pm	Second Ceremony begins, tonight we explore another side of you
1:00pm	We tuck you in for your restful sleep

Thursday November 7th

9:00pm	Coffee and Brunch
10:00pm	Reflection and journaling, rest and recovery
1:30pm	Depart for optional included walk on the beach and sound healing
5:00pm	Arrive back to Villa Oceans 53 to get ready to go out
6:00pm	Special Dinner together at nearby local restaurant
9:00pm	Quiet time, sweet dreams

Friday November 8th

7:30am	Coffee and Breakfast
9:00am	Leave for optional included boat trip to the Tortuga Islands
5:00pm	Arrive back at your home away from home
6:00pm	Grand farewell Dinner, then enjoy Ecstatic Dance with our own DJ

Saturday November 9th

7:30am

Coffee and Breakfast

8:30-11:00am

Good-byes and departures

Remember you will not be departing as a “new you” you will be arriving INTO the REAL YOU!
THE TRUE AUTHENTIC YOU!

It will be different but it will be AMAZING!

Now is where the work and the healing begins.

But now you are free to fly!

Thank you for your trust!

We are always here for you.

We are all connected.

We are all one.

With gratitude from your team at EncanTica,

PEACE BE WITH YOU!